



NOVEMBER – 18 – 2023 - PRAGUE



IFBB Pro League Professional Show Athletes Information Package (Inspection report)

WEBSITE

www.evls.cz

CONTACT INFORMATION

Athletes: info@evls.cz

CONTRACT

Please get your contract to Theresa Proviano at the IFBB as soon as possible.

Theresa Proviano
Secretary - IFBB Pro League
PO Box 3224
Pittsburgh PA 15230
(412) 276 5027
info@ifbb-proleague.com

WELCOME

EVLS PRAGUE PRO WILL BE HELD AT THE HILTON PRAGUE ON THE 18TH OF NOVEMBER 2023

Europe's Most Prestigious Bodybuilding event is back! Bringing you the best in bodybuilding and fitness. This year the show will feature an exclusive Pro Bodybuilding extravaganza with the categories Men's Open, 212, Men's Physique, Men's Classic Physique, Women's Bikini and Women's Figure. So best of luck to all you athletes and we are pleased you have chosen EVLS PRAGUE PRO to compete in!

PRO COMPETITORS REGISTRATION

Starts on Thursday 16.11.2023 at 5:00 pm – 8:00 pm.

At the Hilton Prague, there will be signage up to point you in the right direction.

Please ensure you bring your posing music with you to the registration, if you are handing over a CD to us, ensure that your name is clear on the CD for easy identification. The same applies to USB's.

It is your responsibility to verify your CD is working. If for any reason your CD does not play, the DJ will play music at his discretion.

LOCATION AND VENUE

EVLS PRAGUE PRO will be held in Prague Czech Republic at the **HILTON PRAGUE** on the 18th of November 2023.

https://www.hiltonhotels.com/cs_CZ/ceska-republika/hilton-prague/

Located in: Hilton Prague

Address: Pobrezni 1, Prague 186 00, Czech Republic

HOTELS

1) **HOTEL BOTANIQUE:** www.botanique Hotel Prague.cz

10 % discount on accommodation with this link

<https://bookings.travelclick.com/109787?RatePlanId=5163491#/guestsandrooms>

Only 5 minutes from Hotel Hilton by walk.

Address: Sokolovská 11, 186 00 Karlín, Czech Republic

2) **HOTEL HILTON:** www.hotel Hilton Prague.cz

Address: Pobrezni 1, Prague 186 00, Czech Republic Alternatively, please use the hotel booking sites: booking.com, trivago.cz or hotely.cz.

IMPORTANT INFORMATION

An Official Letter of Invitation will be made available if required. Should you require an Invitation letter, the **deadline date: 12. 11. 2023!**

Tanning/Hair and Make-Up /PRO TAN

Tanning is provided and serviced exclusively by ProTan. The ProTan team will be available for all participating athletes.

Reservations & bookings for tanning, hair, make-up are on this website: <https://www.protan-europe.com/book-your-tan/533?l=>

TICKETS

Will be available at the end of August.

BACKSTAGE ACCESS

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only through appropriate registration!

Backstage fee is 50 EUR

TRANSPORT

Hilton Prague is 17 km/25 min. far from Prague airport.

The simplest and fastest way to get to The Hilton Prague is by using a taxi or UBER. The second way is by using the Prague Metro and Buses. The link for public transport is here: www.dpp.cz

More information about the event's organization, timetable and other contest details, please visit www.evls.cz for regular updates. Schedule change reserved.

Type of currency:

Czech crown

Time difference:

Prague is in Central European Time (CET) zone (GMT + 1 hour)

Electric current:

230 V, 50 Hz. Plugs and sockets of type C and E.

Better to check at: <http://www.worldstandards.eu>

VISA:

Please find information regarding Visas at the website below:

https://www.mzv.cz/jnp/en/information_for aliens/general visa information/index.html

Detailed information can be found at the website below:

https://www.mzv.cz/jnp/en/information_for aliens/short stay visa/list of states whose citizens are exempt/index.html

SCHEDULE OF THE EVENT

THURSDAY, 16 NOVEMBER, HILTON PRAGUE

5:00 pm – 8:00 pm **Registration and weight in**
8:00 pm – 9:00 pm **PRO meeting and press conference**

SATURDAY, 18 NOVEMBER, HILTON PRAGUE

10:00 am – 13:30 pm **Pre-judging**
Women's Figure
Men's 212 Bodybuilding
OPEN Men's
Men's Physique
Men's Classic Physique
Women's Bikini

17:00 pm – 9:00 pm **Final**
Women's Figure
Men's classic Physique
Men's Physique
Women's Bikini
Men's 212 Bodybuilding
Men's OPEN



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