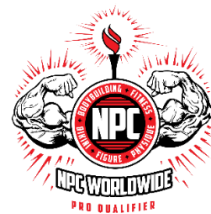




NOVEMBER – 17 – 2023 - PRAGUE



EVLS PRAGUE AMATEUR 2023 - IFBB Pro Qualifier Athletes Information Package (Inspection report)

NPC MEMBERSHIP

<https://www.npcworldwide-register.com/login>

CONTACT INFORMATION

info@evls.cz

WEBSITE

www.evls.cz

ONLINE REGISTRATION - [2023 NPC Worldwide EVLS Prague Pro Qualifier - Athlete Registration \(muscleware.com\)](https://www.muscleware.com)

Starts on Thursday 16.11.2023 at 2:00 pm – 6:00 pm.

EVLS Prague Amateur Pro Qualifier will serve as an official pro qualifier for the IFBB Pro League. Overall winners will receive professional status to compete in the IFBB Pro League.

Online registration (Online register and payment):

- Categories awarded with the Pro Cards: 250 EUR per competitor
- Junior and Master categories: 175 EUR per competitor
- For juniors and masters wishing to compete in the second category the additional fee of 90 EUR will be charged.
- **Backstage coach fee:** 50 EUR per coach. Backstage coach fee will be sold during on-line registration.

In order to ensure a smooth registration/weigh-in, please bring the following:

1. Government Issued ID (for those competing in Junior, Masters),
2. The copy of your payment confirmation
3. Your posing music (into Muscleware)

All posing music with 60 seconds for Men's bodybuilding, Women's Physique, Men's Classic Physique and 90 seconds for Women's fitness. The use of profane, vulgar and offensive language is strictly prohibited in the posing music. If for any reason your CD does not play, the DJ will play music at his discretion.

It is a competitor's responsibility to comply with IFBB PRO Qualifier Rules and Regulations!!! Please visit the IFBB PRO website for more information: <https://www.ifbbpro.com/international-regional-and-pro-qualifier-rules/>

LOCATION AND VENUE

EVLS PRAGUE AMATEUR will be held in Prague Czech Republic at the **HILTON PRAGUE** on the **17th of November 2023**.

https://www.hiltonhotels.com/cs_CZ/ceska-republika/hilton-prague/

Located in: Hilton Prague

Address: Pobrezni 1, Prague 186 00, Czech Republic

HOTELS

1) **HOTEL BOTANIQUE:** www.botanique Hotel Prague.cz

10 % discount on accommodation with this link

<https://bookings.travelclick.com/109787?RatePlanId=5163491#/guestsandrooms>

5 minutes from Hotel Hilton by walk.

Address: Sokolovská 11, 186 00 Karlín, Czech Republic

2) **HOTEL HILTON:** www.hotel Hilton Prague.cz

Address: Pobrezni 1, Prague 186 00, Czech Republic Alternatively, please use the hotel booking sites: booking.com, trivago.cz or hotely.cz.

IMPORTANT INFORMATION

An Official Letter of Invitation will be made available if required. Should you require an Invitation letter, the **deadline date: 12. 11. 2023!**

Tanning/Hair and Make-Up /PRO TAN

Tanning is provided and serviced exclusively by ProTan USA. The ProTan team will be available for all participating athletes.

Reservations & bookings for tanning as well as hair and make-up are on this website:

<https://www.protan-europe.com/book-your-tan/472?l=>

TICKETS

Will be available at the end of August.

BACKSTAGE ACCESS

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only through appropriate registration!

Backstage fee is 50 EUR

More information about the event's organization, timetable and other contest details, please visit www.evls.cz for regular updates. Schedule change reserved.

TRANSPORT

Hilton Prague is 17 km/25 min. far from Prague airport.

The simplest and fastest way to get to The Hilton Prague is by using a taxi or UBER. The second way is by using the Prague Metro and Buses. The link for public transport is here: www.dpp.cz

Time difference:

Prague is in Central European Time (CET) zone (GMT + 1 hour)

Electric current:

230 V, 50 Hz. Plugs and sockets of type C and E.

Better to check at: <http://www.worldstandards.eu>

VISA:

Please find information regarding Visas at the website below:

https://www.mzv.cz/jnp/en/information_for aliens/general visa information/index.html

Detailed information can be found at the website below:

https://www.mzv.cz/jnp/en/information_for aliens/short stay visa/list of states whose citizens are exempt/index.html

SUPERFINALS AND PRO CARDS

Top 1 from each division:

WOMEN'S BIKINI

WOMEN'S FIGURE

WOMEN'S WELLNESS

MEN'S BODYBUILDING

MEN'S PHYSIQUE

MEN'S CLASSIC PHYSIQUE

More information about the event's organization, timetable and other contest details, please visit www.evls.cz for regular updates. Schedule change reserved.

CATEGORIES**WOMEN'S CATEGORIES**

DIVISION	CATEGORY
WOMEN'S BIKINI	
Class A	Up to and including 5' 1" (155 cm)
Class B	Over 5' 1" and up to and including 5' 2 ½" (159 cm)
Class C	Over 5' 2 ½" and up to and including 5' 4" (163 cm)
Class D	Over 5' 4" and up to and including 5' 5 ½" (166 cm)
Class E	Over 5' 5 ½" and up to and including 5' 7" (170 cm)
Class F	Over 5' 7" (170 cm)
JUNIOR (16-23 yrs.)*	OPEN CLASS
WOMEN'S FIGURE	
Class A	Up to and including 5' 4" (163 cm)
Class B	Over 5' 4" and up to and including 5' 6" (168 cm)
Class C	Over 5' 6" (168 cm)
WOMEN'S WELLNESS	
Class A	Up to and including 5' 4" (163 cm)
Class B	Over 5' 4" and up to and including 5' 6" (168 cm)
Class C	Over 5' 6" (168 cm)

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MEN'S CATEGORIES

MEN'S BODYBUILDING	
Bantamweight	Up to and including 143 ¼ lbs (65 kg)
Lightweight	Over 143 ¼ lbs (65 kg) up to and including 154 ¼ lbs (70 kg)
Middleweight	Over 154 ¼ lbs (70 kg) up to and including 176 ¼ lbs (80 kg)
Light-Heavyweight	Over 176 ¼ lbs (80 kg) up to and including 198 ¼ lbs (90 kg)
Heavyweight	Over 198 ¼ lbs (90 kg) up to and including 225 ¼ lbs (102 kg)
Super Heavyweight	Over 225 ¼ lbs (102 kg)
JUNIOR (16-23 yrs.)*	OPEN CLASS
MASTER (over 45 yrs.)*	OPEN CLASS
MASTER (over 55 yrs.)*	OPEN CLASS
MEN'S PHYSIQUE	
Class A	Up to & including 5' 7" (170 cm)
Class B	Over 5' 7" and up to and including 5' 8" (173 cm)
Class C	Over 5' 8" and up to and including 5' 9" (175 cm)
Class D	Over 5' 9" and up to and including 5' 11" (180 cm)
Class E	Over 5' 11" and up to and including 6' (183 cm)
Class F	Over 6' (183 cm)
JUNIOR (16-23 yrs.)*	OPEN CLASS
MEN'S CLASSIC PHYSIQUE	
Class A	up to and including 5' 7/170 cm
Class B	over 5' 7", up to and including 5' 10"/178 cm
Class C	over 5' 10"/178 cm
JUNIOR (16-23 yrs.)*	OPEN CLASS
MASTER (over 45 yrs.)*	OPEN CLASS
MASTER (over 55 yrs.)*	OPEN CLASS

NOTE: Athletes must make weight as indicated below (**Maximum bodyweight limits**)**

IMPORTANT INFORMATIONS:

*Master/Junior Categories winner will be not eligible to apply for the IFBB Professional League Card.

Note: if less than 6 athletes in a class, classes will be combined, wherever possible.

**MEN'S CLASSIC PHYSIQUE – Maximum bodyweight limits	
Class "A", (up to and including 5' 7/170 cm) - must make weight as indicated below:	
Up to and including 5' 4" (163 cm)	Up to and including 160 lbs (73 kg)
Over 5'4", up to and incl 5' 5" (165 cm)	Up to and including 165 lbs (75 kg)
Over 5'5", up to and incl 5' 6" (168 cm)	Up to and including 170 lbs (77 kg)
Over 5'6", up to and incl 5' 7" (170 cm)	Up to and including 175 lbs (79 kg)
Class "B" (over 5' 7", up to and including 5' 10"/178 cm) - must make weight as indicated below:	
Over 5'7", up to and incl 5' 8" (173 cm)	Up to and including 182 lbs (83 kg)
Over 5'8", up to and incl 5' 9" (175 cm)	Up to and including 190 lbs (86 kg)
Over 5'9", up to and incl 5' 10" (178 cm)	Up to and including 197 lbs (89 kg)

More information about the event's organization, timetable and other contest details,
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Class "C" (over 5' 10"/178 cm) - must make weight as indicated below:	
Over 5'10", up to and incl 5'11" (180 cm)	Up to and including 205 lbs (93 kg)
Over 5'11", up to and incl 6'0" (183 cm)	Up to and including 212 lbs (96 kg)
Over 6' 0", up to and incl 6' 1" (185 cm)	Up to and including 220 lbs (100 kg)
Over 6' 1", up to and incl 6' 2" (188 cm)	Up to and including 230 lbs (104 kg)
Over 6' 2", up to and incl 6' 3" (191 cm)	Up to and including 237 lbs (108 kg)
Over 6' 3", up to and incl 6' 4" (193 cm)	Up to and including 245 lbs (111 kg)
Over 6' 4", up to and incl 6' 5" (196 cm)	Up to and including 252 lbs (114 kg)
Over 6' 5", up to and incl 6' 6" (198 cm)	Up to and including 260 lbs (118 kg)
Over 6' 6", up to and incl 6' 7" (201 cm)	Up to and including 267 lbs (121 kg)
Over 6' 7" (201 cm)	Up to and including 275 lbs (125 kg)

SCHEDULE

THURSDAY, NOV. 16 HOTEL HILTON PRAGUE

2:00 pm – 6:00 pm **Registration and weight in of competitors**

FRIDAY, NOV. 17, HOTEL HILTON PRAGUE

9:00 am **Prejudging and Finals**

1. Women's Bikini - up to 155 cm, up to 159 cm, up to 163 cm, up to 166 cm, up to 170 cm, over 170cm, Women's Bikini Junior and Master
2. Women's Figure – up to 163 cm, up to 168 cm, over 168 cm, Women's Figure Master
3. Women's Wellness – up to 163 cm, up to 168 cm, over 168 cm
4. Men's Bodybuilding – up to 65 kg, up to 70 kg, up to 80 kg, up to 90 kg, up to 102 kg, over 102 kg, Men's Bodybuilding Junior and Master
5. Men's Physique – up to 170 cm, up to 173 cm, up to 175 cm, up to 180 cm, up to 183 cm, over 183cm Men's Physique Junior
6. Men's Classic Physique – up to 170 cm, up to 178 cm, over 178 cm, Men's Classic Physique Juniors and Masters

5:00 pm **Superfinals**

(Women's Bikini, Women's Figure, Women's Wellness, Women's Fitness, Men's Bodybuilding, Men's Physique, Men's Classic Physique)

Program change reserved.

More information about the event's organization, timetable and other contest details, please visit www.evls.cz for regular updates. Schedule change reserved.

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