



IFBB Pro League Professional Show Athletes Information Package (Inspection report)

WEBSITE

EVLS PRAGUE

CONTACT INFORMATION

Athletes: info@evls.cz

WELCOME

EVLS PRAGUE PRO WILL BE HELD AT THE HILTON PRAGUE ON THE 29TH OF OCTOBER 2022

Europe's Most Prestigious Bodybuilding event is back for the 8th year!— bringing you the best in bodybuilding and fitness. This year the show will feature an exclusive Pro Bodybuilding extravaganza with the categories Men's Open, 212, Men's Physique, Men's Classic Physique, Women's Bikini and Women's Wellness. So best of luck to all you athletes and we are pleased you have chosen EVLS PRAGUE PRO to compete in!

LOCATION AND VENUE

EVLS PRAGUE PRO will be held in Prague Czech Republic at the **HILTON PRAGUE** on the 29th of October 2022.

https://www.hiltonhotels.com/cs_CZ/ceska-republika/hilton-prague/

Located in: Hilton Prague

Address: Pobrezni 1, Prague 186 00, Czech Republic

HOTEL

Address: Pobrezni 1, Prague 186 00, Czech Republic
Alternatively, please use the hotel booking sites: booking.com, trivago.cz or hotely.cz.

TRANSPORT

Hilton Prague is 17 km/25 min. far from Prague airport.

The simplest and fastest way to get to The Hilton Prague is by using a taxi or UBER. The second way is by using the Prague Metro, take the Yellow Line B to the stop called Florenc and it's a 10-minutes walk to the Hilton Prague.

CONTRACT

Please get your contract to Theresa Proviano at the IFBB as soon as possible.

Theresa Proviano

Secretary - IFBB Pro League

PO Box 3224

Pittsburgh PA 15230

(412) 276 5027

info@ifbb-proleague.com

PRO COMPETITORS REGISTRATION

Starts on **Friday 28.10.2022** at 4:00 pm – 6:00 pm.

At the Hilton Prague, there will be signage up to point you in the right direction.

Please ensure you bring your posing music with you to the registration, if you are handing over a CD to us, ensure that your name is clear on the CD for easy identification. The same applies to USB's.

It is your responsibility to verify your CD is working. If for any reason your CD does not play, the DJ will play music at his discretion.

IMPORTANT INFORMATION

We kindly ask all Pro Athletes to inform us of the time they will arrive for registration at the following email address: info@evls.cz

All costs for travel, hotel accommodation, local transportation including airport transfers, as well as board (meals) are the responsibility of the individual athletes.

Time difference:

Prague is in Central European Time (CET) zone (GMT + 1 hour)

Electric current:

230 V, 50 Hz. Plugs and sockets of type C and E.

Better to check at: <http://www.worldstandards.eu>

VISA:

Please find information regarding Visas at the website below:

https://www.mzv.cz/jnp/en/information_for_alien/gener_al_visa_information/index.html

An Official Letter of Invitation will be made available if required.

Should you require an Invitation letter, the **deadline date: 23.10.2022**

Detailed information can be found at the website below:

https://www.mzv.cz/jnp/en/information_for aliens/short_stay visa/list_of_states_whose_citizens_are_exempt/ind ex.html

Tanning/Hair and Make-Up /PRO TAN

Tanning is provided and serviced exclusively by ProTan USA. The ProTan team will be available for all participating athletes.

Reservations & bookings for tanning as well as hair and make-up are on this website: [Pro Tan® Competition Tanning \(protan-europe.com\)](http://Pro Tan® Competition Tanning (protan-europe.com))

TICKETS

To obtain the best seating be sure to have your friends and family purchase their tickets in advance at [EVLS Prague PRO 2022 TICKETPORTAL](#)

BACKSTAGE ACCESS

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only through appropriate registration!

The winners in each division will receive their prize money directly from the IFBB PRO LEAGUE. Please ensure you complete the documents we hand out if you are a prize winner.

SCHEDULE OF THE EVENT

FRIDAY, 28 OCTOBER, HILTON PRAGUE

4:00 pm – 6:00 pm **Registration and weight in**
6:00 pm – 6:30 pm **PRO meeting**
6:30 pm – 8:00 pm **Meet and Great**

SATURDAY, 29 OCTOBER, HILTON PRAGUE

10:00 am – 13:30 pm **Pre-judging**
Women's Wellness
Men's 212 Bodybuilding
OPEN Men's
Men's Physique
Men's Classic Physique
Women's Bikini

17:00 pm – 9:00 pm **Final**
Women's Wellness
Men's classic Physique
Men's Physique
Women's Bikini
Men's 212 Bodybuilding
Men's OPEN



More information about the event's organization, timetable and other contest details, please visit <http://www.evlspraguepro.com/cs/info/homepage/default> for regular updates. Schedule change reserved.